**Kingston Mental Health Carers’ Forum**

*c/o 55 Selwood Road, Hook
Chessington, KT9 1PT*

***Tel: 07983 063578 Email:*** ***info@kmhcf.org.uk***

***A Mental Health Carers Organization run by Mental Health Carers***

The Forum offers information, advice and training to Carers, Mental Health Professionals and the Public generally. Recognised by Service Providers as the collective voice of Carers, we campaign for better services for you and the one you care for.

As a Carer, Family or Friend of someone with a Mental Health problem, or just supportive of our work and over 18 years of age, you are eligible to become a member of KMHCF. There are no obligations to attend meetings or get involved in any way unless you wish to do so, in which case any offer of help would be valued by KMHCF, which is operated entirely by volunteers.

You will receive regular Minutes from our Management Committee which include reports from your fellow members who attend meetings representing the Forum. You will also receive information that we feel will be of importance and interest to you as a Carer.

Occasionally, we may write to invite your views on matters affecting you or the one you care for. You would be under no obligation to respond though we know that, while some may find it difficult to attend meetings, they would like the opportunity to make their views known.

*www.kmhcf.org.uk Registered Charity No: 1112499*

--------------------------------------------------------------------------------------------------------------------------------------

 *To join the Forum, at no cost to you, please return the form below. Any participation with us would be treated in the strictest confidence unless you give permission otherwise.*

I support its aims and would like to be registered as a member of KMHCF

|  |  |  |  |
| --- | --- | --- | --- |
| Name 1 |  |  |  |
|  | Title | Forename | Surname |
| Name 2 |  |  |  |
|  |  | Husbands/wives/partners/others should each register as separate members |
| Address |  |

|  |  |  |  |
| --- | --- | --- | --- |
| Telephone |  | Email |  |
|  |  | We will contact you by email unless you tell us otherwise |
| Relationship to you ofthe one you care for |  |
|  | (optional) |

|  |  |  |  |
| --- | --- | --- | --- |
| Please tell us how you heard about the Forum | Website |  |  |
| Leaflet/Poster |  | If so, where  |
| Word of Mouth |  |  |
| Another service |  | If so, which  |

All information is held by, and confidential to, the Management Committee of KMHCF unless we obtain your authority to use otherwise.

Information for all members

**General Data Protection Regulation**

We are delighted that you chose to become a Member of KMHCF. You voluntarily gave us your personal information, by means of the membership form, to allow us to communicate effectively with you.

The GDPR requires us to clarify how we use your information. We are exempt from registering with the Information Commissioners Office, but will generally follow the GDPR guidance.

We keep your information on a computer database, as well as any original paper membership form which you completed. It is never shared with anyone outside KMHCF unless you give explicit permission.

You may, at any time, ask us to amend or delete your information. If you cease to be a member, we will delete it all immediately.

Existing members may have given us details of the one they care for. In future, we will only collect the ‘Relationship to you’ (optional) and not ‘Forename’ nor ‘Surname’. We will delete these latter two items from any information that we already hold for you.

If you have any questions, please let us know.